



UpARA UPCHURCH



ACTIVE RETIREMENT ASSOCIATION

Events August 2017

<p><u>Monthly Meetings</u></p> <p>Members Free; Guests £2</p> <p>Fri 18th August, 2pm</p> <p><i>Mark Walsh</i></p> <p><i>The Ukulele Sensation</i></p> <p>Fri 8th September, 2pm</p> <p><i>Ann Hall</i></p> <p><i>Tales of Egypt</i></p> <p>~*~</p> <p><u>Coffee Mornings</u></p> <p>Members £1.00; Guests £2, from 9.30</p> <p>Tue 22nd August</p> <p>Tue 26th September</p> <p><u>With Art Classes in Rear Hall</u></p> <p><i>(Additional £5.00 from 10am)</i></p> <p>~*~</p> <p><u>Table Tennis</u></p> <p><i>2.00 pm Tuesdays</i></p> <p>8th, 22nd August 2017</p> <p>12th, 26th September 2017</p>	<p><u>Line Dancing</u></p> <p><i>Every Wednesday at 10.30 am</i></p> <p>2nd, 9th, 16th, 23rd, 30th August</p> <p>6th, 13th, 20th, 27th September</p> <p>~*~</p> <p>NEW!!</p> <p><u>Coming Soon -Pilates</u></p> <p><i>Every Monday at 10.00 am</i></p> <p>4th, 11th, 18th, 25th September</p> <p>~*~</p> <p><u>New Age Kurling</u></p> <p><i>2.00 pm Mondays</i></p> <p>7th August, 4th September</p> <p><i>2.00 pm Fridays</i></p> <p>25th August, 22nd September</p> <p>~*~</p> <p><u>Boules/Petanque</u></p> <p>Upchurch Golf Club</p> <p><i>Tuesdays 2.00 pm</i></p> <p>15th August</p> <p>19th September</p>	<p><u>Trips</u></p> <p>Wednesday, 23rd August</p> <p><i>Day trip to Hastings</i></p> <p>~*~</p> <p><u>Walks</u></p> <p><i>On the 1st & 3rd Fridays</i></p> <p>4th, 18th August</p> <p>Setting off from Village Hall at 10.00</p> <p>~*~</p> <p>NEW!!</p> <p><u>Walking Football</u></p> <p><i>Fridays 4pm</i></p> <p>4th and 25th August</p> <p>1st, 15th, 29th September</p> <p>~*~</p> <p><u>Ten Pin Bowling</u></p> <p><i>Tuesdays 9.45 am</i></p> <p>No bowling in August (school hols)</p> <p>12th September</p> <p>~*~</p> <p><u>Bat & Trap</u></p> <p>Mon 14th August, 2pm</p> <p>Mon 11th September, 2pm</p>
---	---	--



UpARA UPCHURCH



ACTIVE RETIREMENT ASSOCIATION

Newsletter August 2017

Dear Friends,

Please do not forget that our August monthly meeting is on 18th August. This is out of sync with the normal pattern, but has been this date for some time in order to accommodate another hall booking.

By the time you read this article Valerie and I will be far away on holiday, but UpARA will roll on like the well-oiled machine it is. However, the newsletter may not be as totally up-to-date as usual. Looking back, we had our theatre outing to see Beautiful (thank you Bryn), and our unforgettable Breakfast Brunch (thanks to John Tutt and all his team) – when is the next one? On the social front, we have our day trip to Hastings in August. We are really sorry to be missing that!

The news is the start of three brand new activities. Firstly, our Art Classes in parallel with our Monthly Coffee Morning, and whilst initially for a trial three month period, we already see this as an ongoing event. Secondly, on 4th September we start Pilates sessions and look to you to join up and also introduce your friends. Thirdly, our Walking Football masterminded by Pete McGibbon; again, there are spaces for others to join in. Details of all these are on our Notice Boards. Driven on by Ray Kemsley, assisted by John Wishart and Norman Rolfe we now have our very own, brand new Petanque pitch. Now we need all of you to use it. It will also be really good to see a few more turn up for our Bat & Trap on 14th August.

I am pleased to be able to tell you that John Wishart has been elected Vice Chairman by the committee – to what dizzy heights will that lead? His first taste of power (virtually none!) will be at the August Monthly Meeting – Good Luck!